YEAR 3 UPDATE REPORT: JAN 2020 - MARCH 2020

Girls & Sanitation

Registered charity number 1108718

REPORT BY:

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The Programme



Catherine Inch, Programme Director

BACKGROUND:

African Revival's Girls & Sanitation project aims to develop a better all-round approach to menstruation and improve sanitation in Zambian and Ugandan primary schools. It focuses on shaping attitudes through education, providing provisions for menstrual hygiene management and helping girls develop positive habits to their menstrual hygiene from a young age. This project takes place over 5 years in Uganda (from January 2018 to December 2022) at 23 schools, and over 3 years in Zambia (from January 2018 to December 2020) at 13 schools. The programme provides 4600 young girls with menstruation resources every year and will benefit thousands of pupils through its wider sanitation and education components.

QUARTERLY REPORT - Jan to Mar 2020

We have now entered in to the third year of the Girls & Sanitation project. We can report that after the first year of this project we had 50% more girls in the last year of Primary schools in Uganda, which is fantastic news. This is comparative to baseline date from the start of the project. Last year we tested if this was due to pad provision or training (or both) by employing different approaches in the two districts where we work in Uganda (Amuru and Nwoya). We are in the process of compiling the results and will focus our future approach based on this data. Data from this project also helps local government assess and improve sanitation infrastructure at schools - which has become increasingly important with the current Covid-19 pandemic.

Schools are currently shut in both Uganda and Zambia, meaning we are unable to continue with elements of planned project activities, but these will be completed when the schools re-open. In the meantime, we are continuing with construction where possible – for example building work at Lugobo School in Zambia with pupil and staff latrines, and four handwashing stands at other community schools.

Covid-19 RESPONSE:

Now, more than ever, good sanitation practices and facilities at schools are vital. Last year in Uganda and Zambia we provided sanitation training to 7,100 pupils.

We are looking to be responsive and support schools with sanitation needs when they reopen. We will be setting up an emergency sanitation fund, to ensure we can meet needs such as soap, information sharing, and temporary handwashing stands. We will also be fundraising for larger sanitation projects to include boreholes and latrines. Please get in touch for more information - catherine.inch@africanrevival.org.

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Justin Ogen, Hygiene and Sanitation Officer

TRAINING& DATA COLLECTION:

In 2019 we trained 6,609 pupils (3002F & 3607M) about puberty and how to manage menstruation. Forty-three teachers were also trained in puberty and menstrual health. Training is currently on hold in Uganda, but we will commence activities as soon as schools re-open.

CONSTRUCTION:

We are currently fundraising for latrines at Pagak School, Northern Uganda. Please get in touch to find out more about this project. The community contribute bricks and local materials to all our construction projects, which helps create a sense of ownership and ensures good maintenance from the community after construction has been completed.

PAD PROVISION:

We had a delivery of over 3,000 reusable packs of pads from Easypads in January. Each pack will support a girl for a whole year of school. Distribution of these materials are important as they allow girls to attend school, miss fewer lessons, and improve their overall academic results. Donations from Ball 2019 attendees have supported this element of the project.

Easypads are a social enterprise based in Jinja, who employ women in the community. We commenced distribution of pads with training in this quarter and will complete the activity when schools re-open.

ADVOCACY:

We will continue to run our campaign for MHM day in May (Menstrual Health Management), moving our celebration to radio ensuring we can still reach people while they're at home. This element of the project is supported by AmplifyChange. We have produced materials to teach younger pupils about sanitation and puberty. These will be distributed when schools re-open.

Advocacy, Stigma & Education



Richard Odokonyero, Project Officer - A, S & E

PROJECT OVERVIEW:

We have launched a 12-month advocacy project, supported by AmplifyChange, to complement our Girls and Sanitation Project. The advocacy project works at schools in the Amuru District and with the wider community to break down stigma around menstruation.

RADIO SHOWS:

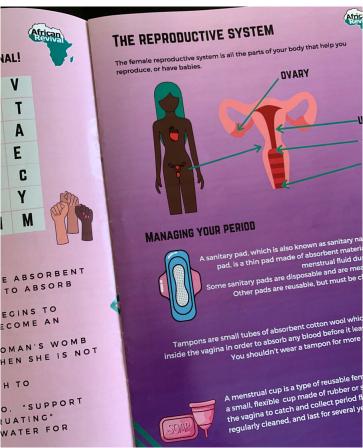
Radio shows have been formulated and aired on Rupiny FM discussing how menstruation affects the life of girls - particularly in a school setting.



RESOURCES FOR GIRLS:

A major part of this project is to develop better resources for young girls, to ensure they have accurate and appropriate information about menstruation and puberty. We have designed comics in both English and Acholi which will be distributed to schools and organisations across Uganda. Writing resources in Acholi ensures older members of the community can also benefit.





Uganda in pictures



Justin Ogen, Hygiene and Sanitation Officer











Godwin Kamangala, Country Manager



We received additional support for the final year of this project from The Big Give Christmas Challenge 2019, to assist with training workshops and construction of latrines, so a huge thank you to everyone who made a donation and helped us to achieve our target. We are also grateful to additional partners that have chosen to support other elements of our Girls & Sanitation Programme.

CONSTRUCTION:

Construction continues, despite schools closing since the outbreak of Covid-19. We have built latrines at Nazilongo, and six permanent hand-washing stands at various schools. We have now commenced construction of pupils and staff latrines at Lugobo Community School. The community are digging the pits for the latrines and building work will begin shortly. In all of our construction projects the community mould the bricks, contribute hardcore, and collect river sand.

We will also also be constructing permanent hand-washing facilities at Siamoono and Mbole Primary Schools.

TRAINING & PAD PROVISION:

Training started well this year, delivered by our Sanitation Trainer, Bessie Muvwanga. The training sessions will continue with pupils and teachers when schools re-open. However, we are assessing how to provide information and training directly to the community if schools remain closed.

When training recommences, we will be distributing packs for girls produced by a small social enterprise called CHODORT – who employ women in the community.

MONITORING:

Feedback collected at the end of last year indicates that before this project began most of the girls' we support at schools in Zambia had no access to any sanitary materials. Teachers have confirmed that attendance amongst girls is up, and they no longer remain home every month. We will be monitoring how this affects academic attainment for girls in the coming year - and look forward to sharing our results.

Zambia in Pictures

African Revival

Godwin Kamangala, Country Manager





